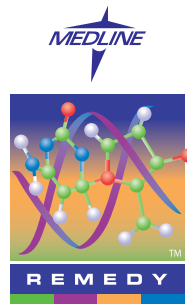
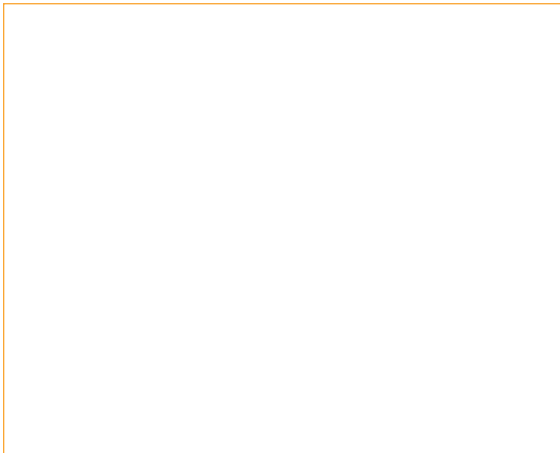


GENERAL HINTS TO KEEP SKIN HEALTHY

1. Wear comfortable, breathable clothing over the irradiated area. Avoid tight elastic or constricting garments. If you are being treated for breast cancer, avoid wearing a bra whenever possible. If you do wear a bra, avoid underwires, lace or seams that may create pressure points.
2. Use lukewarm water for showering or bathing. Use soft cloths for cleansing. Be sure to pat the skin and avoid rubbing.
3. Discuss the use of antiperspirants or deodorants in or around treated skin with your doctor. They may contain ingredients that could interfere with your radiation therapy.
4. Avoid the sun and any harsh weather conditions.
5. Do not apply any products to your skin within 2 hours of your radiation treatment. Cleanse the skin of all creams or lotions including Remedy products.

HELPFUL WEBSITES



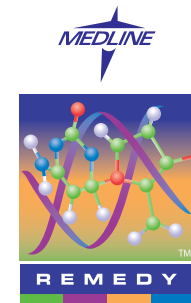
To order Remedy products, you may ask your nurse or doctor where to find them:

or call Medline at **800-950-8585**
www.medline.com

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A PATIENT'S GUIDE *Understanding Your Skin Care Needs During Cancer Treatment*



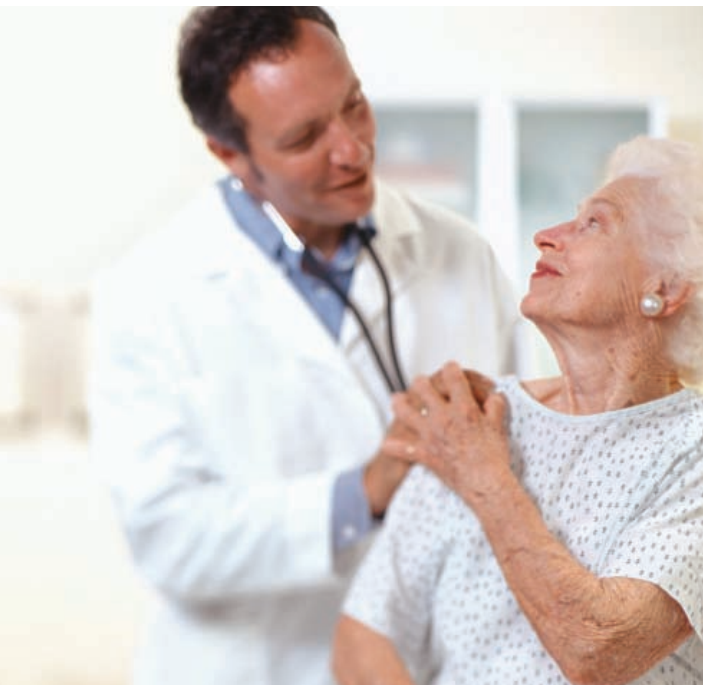
MEDLINE REMEDY
 REVOLUTIONARY ADVANCED
 SKIN CARE PRODUCTS
 TO HELP NOURISH THE SKIN
 BEFORE, DURING AND AFTER
 RADIATION THERAPY

YOUR SKIN DURING CANCER TREATMENT

Your doctor or nurse will discuss with you the chances of having a skin reaction related to your cancer treatment. Skin reactions are fairly common with radiation and, occasionally, chemotherapy patients. Up to 90% of patients may have some degree of skin reaction. The reaction can vary depending on the type and location of the cancer, the treatment plan and other health issues.

Usually, skin reactions from radiation occur after 3 or 4 weeks of treatment and continue for a few weeks after the therapy is completed. Your skin may become pink or even appear sunburned, extremely dry, irritated, or itchy. The skin may also be weepy or scaly. In some cases, skin may blister and develop an open wound.

If you have questions about changes in your skin during treatment, address these questions with your nurse or physician.



YOU can become a partner with your medical team during treatment by taking proper care of our skin. Your doctor or nurse will outline a plan that you can follow at home. This plan will involve the use of Remedy Advanced Skin Care products that contain special ingredients that will nourish and moisturize your skin. Skin is a metabolically active organ and requires constant nutrition and proper hydration to stay in good health. Experience with Remedy Skin products suggests that their regular and proper use may help to reduce skin complications associated with cancer treatments.

HOW YOU CAN BENEFIT FROM REMEDY ADVANCED SKIN CARE

While undergoing cancer treatments, your skin may require special products. Remedy offers a complete line of advanced skin care products developed to nourish the skin and keep it well hydrated. Remedy features Olivamine™, a proprietary blend of vital ingredients for the skin that contains: **amino acids**, the building blocks of collagen to help strengthen the skin; **vitamins** necessary for the skin; powerful **antioxidants** to help protect skin cells from free radical damage caused during radiation; and **MSM** that may help slow the conduction of pain fibers.

A blend of silicones and natural oils helps hold valuable moisture in the skin, reduces the risk of dryness, and also creates a protective barrier between your skin and clothing to minimize chaffing.

The products are easy to apply. When applying to skin, gently pat the product and try to avoid rubbing. The Remedy line is also perfume free. The pleasant scent comes from natural vanilla and orange oils.



REMEDY CLEANSERS

Remedy cleansers are soap free, require no rinsing, and are designed to protect your natural oils and avoid irritation. Remedy uses phospholipids as gentle cleaning agents. The 4-in-1 Cleansing Lotion leaves a protective barrier on the skin. The 4-in-1 Body Cleanser is a foam that can be used from head to toe. If you have been asked to avoid the use of antiperspirants or deodorants, Remedy Antimicrobial Cleanser would be an excellent substitute.

REMEDY MOISTURIZERS AND PROTECTANTS

Remedy Skin Repair Cream is an excellent daily moisturizer that should be used after cleansing and especially after finishing each treatment. If your skin starts becoming extremely dry, apply Nutrashield on top of the Skin Repair Cream to help minimize additional moisture loss. Other products such as antifungal agents are available in the Remedy line. Your doctor or nurse will recommend them if needed.